

<p>ANAEMIA</p> <p>Caused by a lack of vitamin D.</p>	<p>RICKETS</p> <p>Contains information about the substances in food.</p> <p>Results from taking in more energy than you use.</p>
<p>PROTEIN</p> <p>SUGAR and STARCH</p> <p>Bread, pasta and potatoes are a good source of . . .</p>	<p>DIET</p> <p>Caused by a lack of vitamin C.</p>
<p>DEFICIENCY</p> <p>Caused by a lack of iron.</p> <p>KWASHIORKOR</p>	<p>BIURET TEST</p> <p>Iodine is used to test for . . .</p>
<p>SCURVY</p> <p>Used for energy.</p> <p>Caused by a lack of protein.</p>	<p>FIBRE</p> <p>The two types of carbohydrate . . .</p> <p>The test for fat . . .</p> <p>is used to test for sugars.</p>

<p>A positive result for starch . . .</p> <p>Used to keep the digestive system healthy.</p> <p>A purple colour is seen.</p>	<p>Examples of vitamins</p> <p>a blue – black colour is seen.</p> <p>Another word for lack of . . .</p>	<p>Used by the body for insulation, protection and energy.</p> <p>A positive result for protein . . .</p> <p>Another word for 'what we eat' is . . .</p>	<p>STARCH</p> <p>Examples of minerals . . .</p> <p>Meat, fish and eggs are a good source of . . .</p>
<p>A and C</p> <p>Iron and Calcium</p> <p>VITAMINS and MINERALS</p>	<p>STARCH</p> <p>Proteins are used in the body for . . .</p>	<p>Fruit and vegetables are good sources of . . .</p> <p>OBESITY</p> <p>This is used to test for protein.</p>	<p>GROWTH AND REPAIR</p> <p>rub on paper and see if a greasy mark is left.</p> <p>FATS</p>